



T U L I P S
& M A P L E
THE ART OF CATERING



FAMILY STYLE MENU

CONTACT US TODAY!

Phone: (613) 546-3246 ext 444

Email: kingston@tulipsandmaple.ca

www.tulipsandmaple.ca

FAMILY STYLE MENU

INCLUDED

**BASKETS OF ARTISAN ROLLS,
FLATBREADS & FLAVOURED BUTTERS
FRENCH STYLE WATER SERVICE**

SALADS (CHOOSE 2)

SUN-DRIED TOMATO POTATO SALAD (GF)
With warm asparagus and bacon.

7 GRAIN SALAD (VEG)
With dried fruit, toasted pecans and baby spinach.

CITRUS CAESAR SALAD
With all the fixings.

TAPENADE PASTA SALAD (VEG)
With grilled medley vegetables, asiago cheese.

TRADITIONAL GREEK SALAD (VEG, GF)
With chunky feta.

HERITAGE GREEN SALAD (V, GF)
With english cucumbers, grape tomatoes,
pickled onions, toasted pumpkin seeds
and chef's house dressing.

CURRIED CHICK PEA SALAD (V, GF)
With caramelized onions, peppers,
spinach and sun-dried tomatoes.

SOUP OPTIONS ARE AVAILABLE UPON REQUEST

VEG = Vegetarian • GF = Gluten Free • NF = Non-Fat • DF = Dairy Free • V=Vegan

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FAMILY STYLE MENU

ENTREES (CHOOSE 2)

PAN-SEARED MEDALLIONS OF SALMON (GF)

\$48.95 per guest

With a whiskey maple lemon glaze.

HERB CRUSTED CHICKEN (GF)

\$44.95 per guest

with portabella dijon and tarragon cream

PAN-SEARED BEEF TENDERLOIN MEDALLIONS (GF)

\$48.95 per guest

Smothered in creamy peppercorn sauce.

CHILI PECAN PORK TENDERLOIN ROAST (GF)

\$44.95 per guest

With a maple chili cinnamon bourbon glaze.

TORTELLINI PESTO ALFREDO (VEG)

\$42.95 per guest

Served with roasted peppers, fire roasted cherry tomatoes, and cremini mushrooms.

ROASTED PERI-PERI QUARTER CHICKEN (GF)

\$44.95 per guest

With a roasted garlic and lemon aioli.

GRILLED PORK CUTLETS (GF)

\$44.95 per guest

With caramelized onions and peppers with tomato rosemary garlic au jus.

GRILLED 5OZ STRIPLOIN STEAKS (GF)

\$48.95 per guest

With wild mushroom and bacon ragout.

MEDITERRANEAN PENNE RIGATE (VEG)

\$42.95 per guest

With peppers, olives, red onions, spinach and artichokes. served with tapenade tomato sauce.

TORTILLA CRUSTED TILAPIA (GF)

\$44.95 per guest

With cherry tomato and corn salsa and chili pepper aioli.

SEAFOOD JAMBALAYA

\$48.95 per guest

With chorizo sausage and roasted chicken.

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SIDES (CHOOSE 2)

Roasted Garlic Smashed Potatoes (V, GF)
Lemon Rosemary Mini Red Potatoes (V, GF)
Saffron Rice Pilaf (VEG, GF)
Spanish Rice with Black Beans (VEG, GF)
Cajun Maple Sweet Potato Wedges (GF)
Roasted Garlic and Pesto Parisian Potatoes (GF)
Roasted Medley Vegetables (VEG, GF)
Basil Lemon Honey Carrots (VEG, GF)
Pest Almond Green Beans (VEG, GF)
Rosemary Maple Root Vegetables (VEG, GF)
Hot House Tomato Gratin (VEG, GF)
Roasted Mushrooms, Asparagus and Cherry Tomatoes with Garlic Basil Butter (GF)

DESSERT (CHOOSE 1)

Served with Mountain View coffee and tea.
Gluten Free & Vegan Options Available
Assorted Gourmet Cookie Platter
Cheese Cake Bites and Toppings
Mini Donuts and Warm Toppings
Fresh Fruit Platters with Honey Mint Yogurt Dip

**WE LOOK FORWARD TO MAKING YOUR EVENT
ONE THAT WILL BE REMEMBERED AND SAVOURED!**



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